



CRAVEN COUNTY COMMUNITY COLLABORATIVE

Substance Use Resources Directory

2024-2025

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Services start here

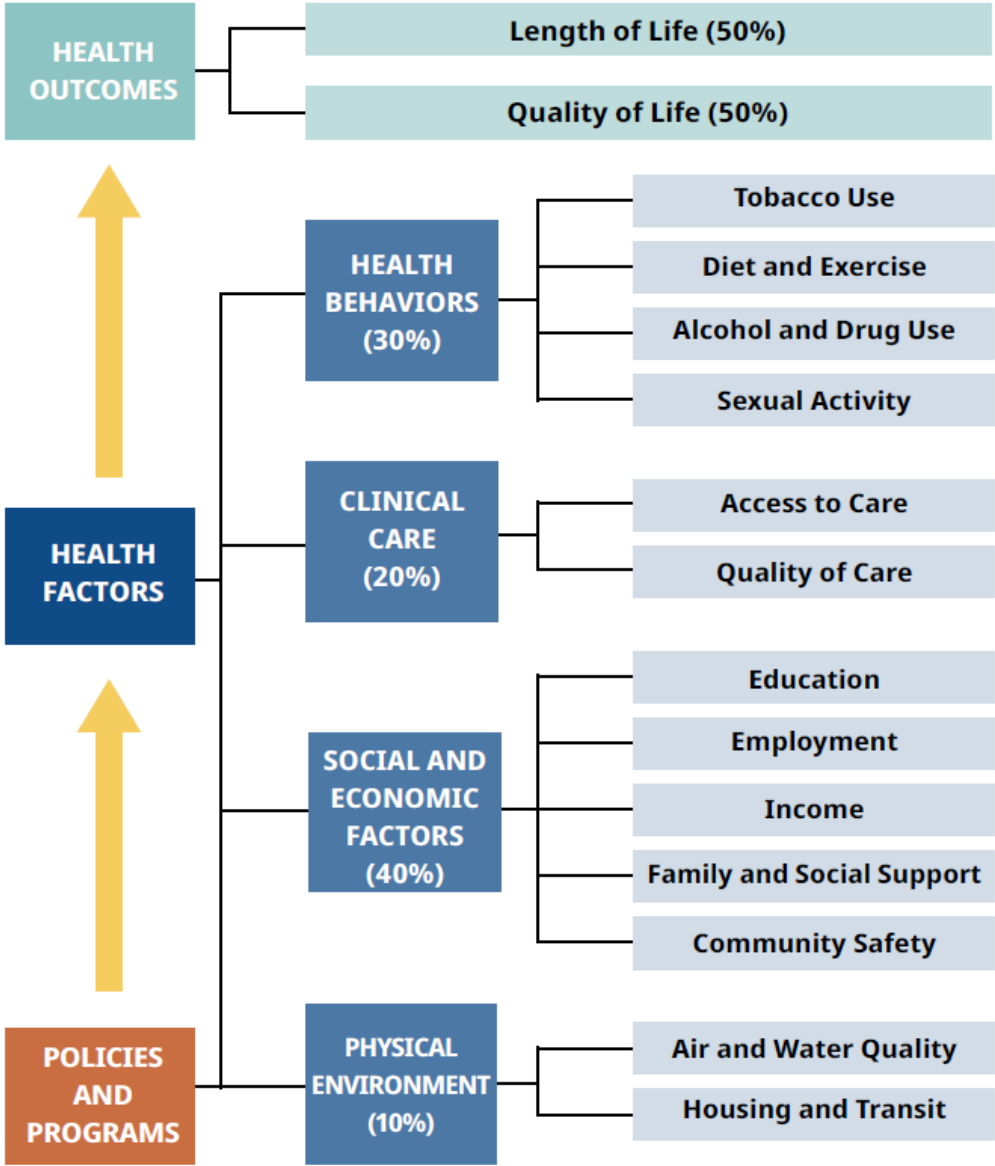


POPULATION HEALTH MODEL & DRIVERS OF HEALTH

This Framework is referred to as the County Health Rankings Model is used in the NC State Health Improvement Plan (NC SHIP) and the Healthy People 2030 federal plan.

Health begins in families and communities and is largely determined by the **social and economic factors** (40%) in which we grow up, live, work, and age. Factors such as **health behaviors** (30%) and our **physical environment** (10%) are well known to impact health (Glanz, Rimer, & Viswanath, 2015). Factors related to **clinical care** (20%) are also responsible for quality of life and life expectancy. Together, **these factors are called drivers of health and they directly affect health outcomes like development of disease and life expectancy.**

Figure 1. The County Health Rankings Model *Used with permission of the University of Wisconsin Population Health Institute (2018)*



DRIVERS OF HEALTH

Every resource in our directory is linked to three of the four health factors as used in the Healthy North Carolina 2030 (HNC 2030) Scorecard, each of which plays a significant role in improving health outcomes.

Physical Environment

Crisis, Emergency Shelter,
Domestic Violence,
Human Trafficking, Food,
Short & Long -Term
Housing, Transportation,
and Utilities



Social & Economic Factors

Safety, Employment,
Income, Workforce
Development, Support
Groups, Justice Involved



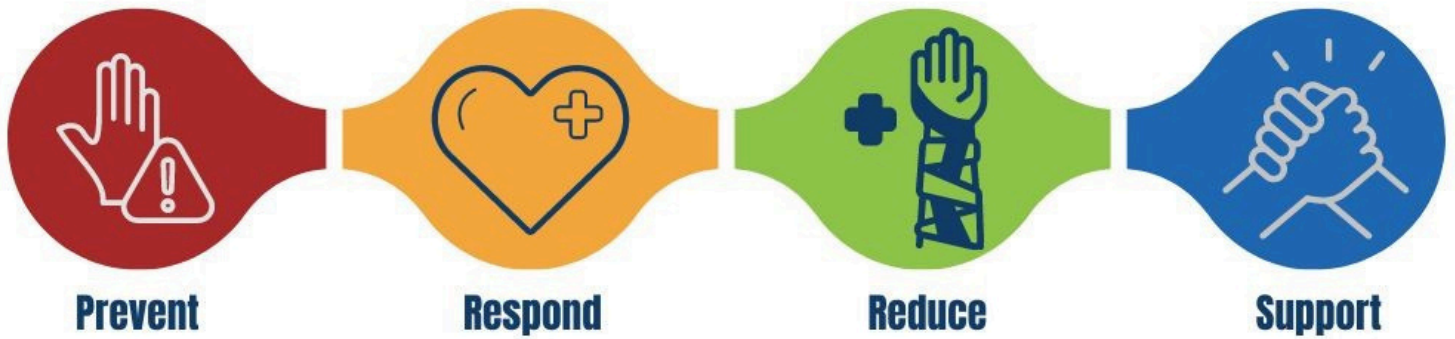
Clinical Care

Low cost & free clinics,
Medicaid Resources,
Detox, Outpatient,
Recovery Programs,
Mental Health, Medication
Assisted Treatment.





4 Pillars of Healthy Recovery Communities



WHAT IS SUBSTANCE USE DISORDER

A substance use disorder (SUD) is use of alcohol or drugs that is a chronic, relapsing disease. Often SUD is a repeated pattern of substance misuse leading to a clinically significant impairment or distress. SUD develops gradually over time and may cause neuroadaptations.

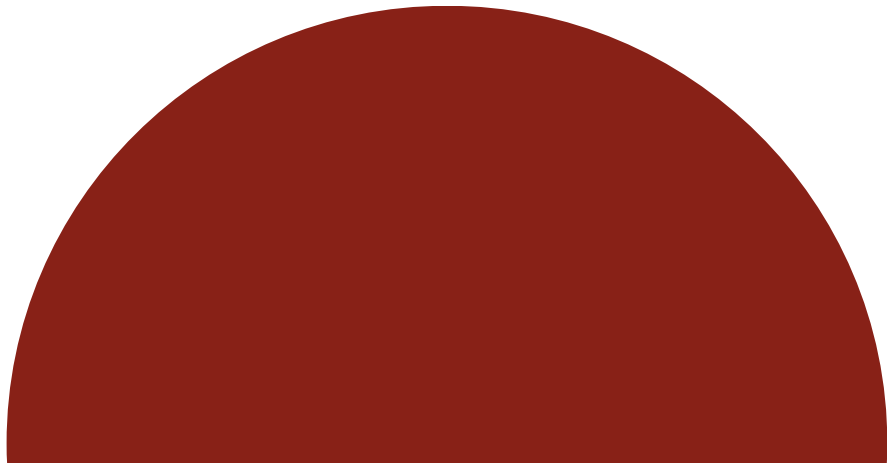
HOW IS IT TREATED?

Most treatment programs assign patients to a treatment team of professionals. Depending on the type of treatment, teams can be made up of social workers, counselors, doctors, nurses, psychologists, psychiatrists, or other professionals. It's important to remember that treatment looks different for everyone and should be based upon their individual goals. Typical forms of treatment can include reducing harms, with ongoing use, the use of medications (with or without counseling) and abstinence. Recovery and treatment are not static and goals of the individual may change over time.



**RECOVERY
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Initiative

CRISIS



CRISIS

RHA Mobile Crisis

(252) 638-7875

(844) 709-4097

rhahealthservices.org/32652

Integrated Family Services

(252) 577-1906

(866) 437-1821

www.integratedfamilyservices.net/

EasterSealsPort Health Services

Address: 1309 Tatum Drive, New Bern, NC 28560

Crisis Line: 866.488.7678

porthealth.org

Eastern North Carolina Outpatient and Behavioral Health Urgent Care

215-A Memorial Drive in Jacksonville

(910) 548-7544

Fax: (910) 577-0383

MON-FRI 8am-5pm

Provides outpatient treatment with an initial evaluation of the patient's need for mental health treatment and medications; the provision of prescription(s), as needed; counseling; peer support; and ongoing medical monitoring of the patient's progress and compliance with treatment. Buprenorphine is the prescribed medication for Opioid Use Disorder. We do not offer methadone.

Real Crisis Center

(252) 758-4357

<https://realcrisis.org/>

Greenville, NC

988 Suicide & Crisis Lifeline - Call. Text. Chat.

988lifeline.org



CRISIS

State & National Organizations that can help

NC Hopeline

Call or text: 919-231-4525

1-877-235-4525

Crisis Line hours: Monday - Friday

9 a.m. - 11 p.m.

Text Line hours: Monday - Friday

10 a.m. - 10 p.m.

<https://www.hopeline-nc.org>

HopeLine is accredited by the American Association of Suicidology. We focus on providing the community with a free and confidential crisis and suicide prevention helpline and texting services. HopeLine specializes in providing suicide and crisis intervention, supportive and non-judgmental active listening, gentle and understanding discussion of crisis resolution, and referrals to appropriate community resources.

Hope4NC

Call or Text "Hope"

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/hope4nc>

Peer Warmline

1-855-PEERS NC (1-855-733-7762)

Crisis Text number

Text HOME to 741741 from anywhere in the United States, anytime. A live, trained volunteer Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool calm.

SAMHSA

1-800-662-HELP

<https://www.samhsa.gov>

National Mental Health Association Hotline

800-273-TALK (8255)

<http://www.nmha.org>

National Suicide Hotline: Suicide Prevention

1-800-273-TALK (8255)

En Espanol: 1-888-628-9454

National Suicide Prevention Lifeline

Chat: <https://suicidepreventionlifeline.org/chat/>

1-800-273-8255

Veterans Crisis Line

988 (press 1)

Text: 838255

Never Use Alone

1-877-696-1996

Call if you are going to use when you're alone.

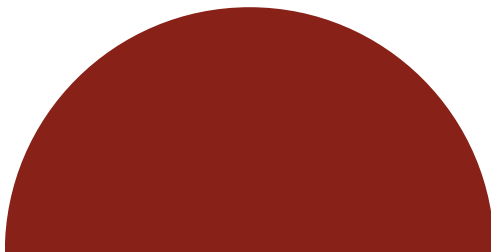
Poison Control Centers

1-800-222-1222

Contact Poison Control right away if you suspect a poisoning.

Disaster Distress Helpline

1-800-985-5990





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DETOX & INPATIENT TREATMENT



DETOX TREATMENT

The Harbor

2023-1 S. 17th Street
Wilmington, NC 28401
(910) 632-2191
<https://help.leveluplakeworth.com/>

Walter B. Jones

2577 W. Fifth Street
Greenville, NC 27834
(252) 830-3426
<https://www.ncdhhs.gov/divisions/state-operated-healthcare-facilities/facilities/walter-b-jones-center>

Wilmington Treatment Center

2520 Troy Drive
Wilmington, NC 28401
(877) 762-3750
wilmingtontreatment.com

Easterseals PORT Health - Greenville

203 Government Circle
Greenville, NC 27834
(252) 413-1637

Easterseals PORT Health - Washington

1379 Cowell Farm Road
Washington, NC 27889
(252) 644-3460

Coastal Plains - Rocky Mount

(252) 926-5000

CarolinaEast Health Care System

Crossroads - New Bern

(252) 633-8204

Dix Crisis Intervention Center - Jacksonville

(910) 378-4809

RJ Blackley Alcohol and Drug Abuse Treatment Center

100 H Street
Butner, NC 27509
(919) 575-7928
<https://www.ncdhhs.gov/divisions/state-operated-healthcare-facilities/facilities/rj-blackley-alcohol-and-drug-abuse-treatment-center>

The Miriam (women)

(252)-725-3030

ICGH's Carolina Wellness Centers at Sea Level **Carolinawellnesscenters.com**

Carolina Wellness Centers offer a spectrum of inpatient services, encompassing crisis intervention, detoxification, residential treatment for substance use disorders, and specialized programs for adolescent behavioral health. These services aim to provide intensive support and stabilization for individuals in acute need. Tentative opening for initial services Sept 2024.



DETOX TREATMENT

EasterSeals PORT Health

1309 Tatum Dr, New Bern, NC 28560

(252) 672-8742

<https://www.porthhealth.org/>

The Healing Place of New Hanover County

(THPNC)1000 Medical Center Drive

Wilmington, NC 28401

(910) 970-4673

info@thpnc.org

www.thpnc.org

Trillium Health Resources

201 West First Street, Greenville, NC 27858

(866) 998.2597

24-Hour Access: (877) 685.2415

www.trilliumhealthresources.org

MON-FRI 8:30am-5pm (Except federal holidays)

Manages mental health, substance use, and intellectual/developmental disability services in eastern North Carolina.

Counties served by Trillium in order of the region name then alphabetically by county

Northern

Bertie
Camden
Chowan
Currituck
Gates
Halifax
Hertford
Martin
Northampton
Pasquotank
Perquimans
Warren

North Central

Beaufort
Dare
Edgecombe
Greene
Hyde
Nash
Pamlico
Pitt
Tyrrell
Washington
Wilson

Midstate

Anson
Guilford
Montgomery
Randolph
Richmond

Southern

Bladen
Brunswick
Columbus
Hoke
Lee
Moore
New Hanover
Robeson
Scotland

South Central

Carteret
Craven
Duplin
Jones
Lenoir
Onslow
Pender
Sampson
Wayne



DETOX TREATMENT

intentionally left blank for any additions





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SHELTERS EMERGENCY HOUSING



I NEED A PLACE TO SLEEP TONIGHT.

Shelters & Emergency Housing

| Agency Name | Religious Community Centers (RCS) | Coastal Women's Shelter | The Healing Place of New Hanover County (THPNC) |
|-------------------------------|---|---|--|
| Description | The homeless shelter provides a safe place for men or women to stay 365 days a year. Meals are provided during shelter hours. Clients are admitted on a first come first serve basis. Check-in is daily at 3pm and check-out is daily at 7am. | Safe House: Our shelter, located in a quiet residential neighborhood, provides a safe haven from violence and a place to heal from domestic and sexual violence. Individuals who stay at the house have a welcoming place to plan for their future. Our staff members help clients create plans to find housing and employment. | Accepting clients 24/7. For those who require emergency overnight shelter, detox, and recovery from alcohol and/or substance abuse. Enter through our Detox building |
| Contact / How to Apply | 919 George Street New Bern, NC 28560 (252) 633-2767 www.rcsnewbern.com/ Coordinator (252) 633-2767 After 3pm (252) 633-1887 | 2403 Trent Road New Bern, NC 28562 (252) 638-4509 Confidential 24/7/365 Crisis Hotline (252) 638-5995 Call the Craven County advocate Donna (252) 638-4509 x4 cravenadvocate@coastalwomensshelter.net newbeginnings@coastalwomensshelter.net www.coastalwomensshelter.org/service | 1000 Medical Center Drive Wilmington, NC 28401 (910) 970-4673 info@thpnc.org www.thpnc.org |
| Population Served | Homeless single adults (Men & Women) | Men, Women, and Children | Individuals from Eastern NC, 18 and up |
| Admissions Criteria | Initial intake requires a criminal background check at the City of New Bern Police Department located at 601 George St, New Bern, NC 28560 beginning at 2:30pm daily and a picture id. | Individuals escaping physical, mental, financial or sexual abuse. | We accept clients on a first-come, first-served basis. We do not require a referral. We are unable to serve individuals on the sex offender registry. |
| Cost | free | free | free |



I NEED A PLACE TO SLEEP TONIGHT.

Shelters & Emergency Housing

| Agency Name | Hope Mission | intentionally left blank for additions | intentionally left blank for additions |
|-------------------------------|---|--|--|
| Description | Addressing the needs of poverty, homelessness, and substance abuse. Serving others with many hands and one heart. | | |
| Contact / How to Apply | https://hopemissionnc.org/ info@hopemissionnc.org (252) 240-2359 | | |
| Population Served | Adult Men and Adult Women | | |
| Admissions Criteria | info@hopemissionnc.org | | |
| Cost | free | | |





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DOMESTIC VIOLENCE & HUMAN TRAFFICKING



DOMESTIC VIOLENCE / HUMAN TRAFFICKING

SHELTER & HOUSING

| Agency Name | Coastal Women's Shelter | True Justice | Carteret County Domestic Violence Program, Inc |
|-------------------------------|---|---|--|
| Description | Safe House: Our shelter, located in a quiet residential neighborhood, provides a safe haven from violence and a place to heal from domestic and sexual violence. Individuals who stay at the house have a welcoming place to plan for their future. Our staff members help clients create plans to find housing and employment. | Non-Profit True Justice International True Justice International - Fighting human trafficking in our local and global communities through strategic initiatives with the goal to reach, raise up, and restore. We are located in the North Carolina area. Jacksonville New Bern, NC | Provides temporary, emergency shelter and supportive services for victims of domestic violence and their children. Services include but not limited to: 24 hour crisis line, safe temporary shelter, Individual and group counseling, Case management, Court advocacy, mental health advocacy, Child advocacy, Spanish translation Transportation, Emergency financial assistance and Community Education. |
| Contact / How to Apply | 2403 Trent Road New Bern, NC 28562 (252) 638-4509 / Confidential Crisis Hotline (252) 638-5995 or Donna (252) 638-4509 x4 cravenadvocate@coastalwomensshelter.net www.coastalwomensshelter.org/services | Ashley Shivar Program Manager True Justice P.O. Box 14534 New Bern, NC 28561 (252)671-6536 24 Hour: (252) 424-0723 Call above or complete the online request form: https://www.truejustice.global/ | PO Box 2279 Morehead City, NC 28557 (252) 726-2336 or 252-240-9026 Crisis Lines: (252) 728-3788 and (252)393-6361 www.carteretdomesticviolence.com |
| Population Served | Men, Women, and Children | Women | Women, Men & Children |
| Admissions Criteria | Individuals escaping physical, mental, financial or sexual abuse. | Victims of human trafficking or any kind of exploitation. | Victims of domestic violence in need of shelter or supportive services to prevent further incidents of abuse. All clients must be assessed prior to admission into the shelter. |
| Cost | free | free up to 1 year; approx. \$100-150 month | |



Domestic Violence, Child Abuse, Women's Hotlines

Domestic Violence Hotline

(800) 799-7233

<https://www.thehotline.org/>

<https://www.facebook.com/NationalDomesticViolenceHotline>

The Domestic Violence Hotline has highly trained expert advocates available 24/7 for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. The Domestic Violence Hotline also provides support to friends and family members who are concerned about a loved one.

This program provides:

- Confidential, one-on-one support
- Crisis intervention
- Options for next steps
- Direct connection to sources for immediate safety

Individuals who are Deaf or hard of hearing may use TTY 800-787-3224. Bilingual advocates are on hand to speak with callers, and their Language Line offers translations in 200 different languages. Advocates who are Deaf are available 24/7 through the National Deaf Hotline by video phone at 855-812-1001, Instant Messenger (DeafHotline) or email (nationaldeafhotline@adwas.org).

People can call the hotline at 800-799-7233. The Hotline is also available via text, accessed by texting "START" to 88788. Live chat is available on the website as well.

National Child Abuse Hotline

1-800-422-4453

www.childhelp.org

National Runaway Safeline

1-800-786-2929

www.1800runaway.org

The WomensLaw Email Hotline

www.hotline.womenslaw.org/public

The WomensLaw Email Hotline is a safe, confidential, accessible service through which victims, friends, family and advocates can request personalized information and anonymous support around issues related to the law and domestic violence, sexual assault, stalking, and dating violence.

This program provides:

- Basic legal information
- Legal referrals
- Emotional support

All emails that involve legal content are answered by an attorney or by a law student volunteer and then reviewed by an attorney. However, we cannot provide legal advice or apply the law to your specific situation.





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FOOD



I NEED SOMETHING TO EAT.

Hot Meals & Food Pantries

Food Bank of Central & Eastern North Carolina (CENC) (call for pantry hours)

1702 Red Robin Lane, New Bern, NC 28562
& 205 South Glenburnie Rd, New Bern, NC 28560
(252) 577.1912

<https://foodbankcenc.org/about-us/locations-contact-info/new-bern/>

Hours: TUE-THU 9am-3pm

Distributes food to families who are at or below the poverty line. Serves Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Havelock Cherry Point Ministerial Association-Outreach Food Pantry

925 East Main St, Ste #20
Havelock, NC 28532
252.447.5190

Food Pantry Hours: MON-WED & FRI 10am - 12pm & 1-2pm

The New Outreach Ministry of Living Bread Holiness Church

1116 Glenburnie Rd, New Bern NC, 28560
252-671-2547

Food Pantry Hours: TUE-THU 11:30am - 5:30pm
Food Truck every 1st TUE & WED of the month
Soup Kitchen: MON-SAT 10:30-11:45am & SUN 3:30-4:45pm

Ephesus SDA Church

1217 N. Pasteur S., New Bern, NC 28560
Food/Clothes Distribution: TUE 10am-2pm

Cherry Point Baptist Church

210 Church Rd
Havelock, NC 28532
(252) 447-5462

Free community meal THU 6pm

Feed Craven County Pantry

3317 Highway 70 E, New Bern, NC 28560
252-349-0787

www.feedcraven.com

Food Pantry Hours: 2nd & 4th FRI of every month 5pm-6pm

The Gathering Place

www.gphavelock.org

114 Trader Avenue, Havelock, NC 28532
252.515.1080

By appointment only

Free Hot Meals: TUE & THU 11:30am-1pm

The Gathering Place – Havelock’s Community Kitchen and Outreach Mission is a Christ-Centered, full-service community outreach ministry offering free hot meals and resource referrals for individuals struggling with shelter & food insecurity, addiction, mental health, abuse and other issues in and around Havelock, NC. Although we are a faith-based outreach, we are non-denominational and have no requirements of our patrons to receive assistance.



Hot Meals & Food Pantries

Religious Community Services (RCS)

919 George Street, New Bern, NC 28563

252.633.2767

fax: 252.633.1887

khenderson@rcsnewbern.com

kjones@rcsnewbern.com

www.rcsnewbern.com

Free Hot Meals: MON-SAT 10:30am & SUN 8am

RCS assists the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Vanceboro Christian Help Center

411 White Street, Vanceboro, NC 28586

252.244.1141

email: arringtonchristie@yahoo.com

MON, WED, FRI 8am-12pm

Vanceboro is dedicated to improving live of our neighbors and community through weekly pantry service. In addition, we managed a Thrift Store with slightly used closing and household items for a minimal donation.

Salvation Army (call for pantry hours)

1402 Rhem Avenue, New Bern, NC 28562

252.637.2277

sara.kratz@uss.salvationarmy.org

<https://southernusa.salvationarmy.org/new-bern>

MON-THU 8:30am-11:30am & 1pm-3:30pm, FRI 8:30am-12pm

The Salvation Army enhances the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. Provides rent/utilities assistance.

Peace Counseling

1917 Trent Blvd., New Bern, NC 28560

MON, WED, FRI 9am-12pm

Food pantry, no paperwork necessary



I NEED GROCERIES.

SNAP & EBT

Supplemental Nutrition Assistance Program (SNAP)/(EBT)

Department of Social Services

2818 Neuse Blvd, New Bern, NC 28561

(252) 636-4900

<https://www.cravencountync.gov/275/Social-Services>

Women, Infants, and Children (WIC) Program

Health Department

2818 Neuse Blvd, New Bern, NC 28561

(252) 636-4920

or

508 US Hwy 70, Havelock NC 28532

(252) 444-1533

<https://www.cravencountync.gov/327/WIC>





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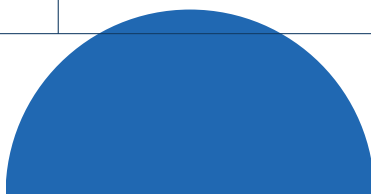
SHORT-TERM HOUSING

6 MONTHS OR LESS



SHORT-TERM TRANSITIONAL / HALFWAY HOUSING

| Agency Name | House of Healing | Hope Mission | Tried By Fire - My Sister's House |
|-------------------------------|--|--|--|
| Description | 1612 Pembroke Avenue New Bern, NC 28562 | twenty-four-hour nonprofit facility established for the purposes of shelter care and recovery from alcohol or other drug addiction through a 12-step, self-help, peer role modeling, and self-governance approach. 90 days to 6 months. | Committed to helping women start over post- incarceration. We achieve this by partnering with other agencies, churches, organizations, and individuals to help provide counseling, education, training, housing, employment, criminal justice compliance and other basic needs. Supervised transitional housing 90 days to 6 months. |
| Contact / How to Apply | (252) 675-3275 williammoorej63@yahoo.com | 3900 Bridges St. Morehead City, NC 28557 (252) 515-6976 info@hoperecoveryhomes.org . | P.O. Box 12691 New Bern, NC 28561 (252) 637-2339 triedbyfire1@yahoo.com triedbyfireinc.org Bonita Simmons - Executive Director |
| Population Served | Men | Men & Women | Justice involved women. |
| Capacity | | 40 Beds (3 men's/1 women home) | |
| Admissions Criteria | Justice involved | Referral from inpatient treatment, detox or jail. Participants must pass a drug and alcohol test. Application: https://hoperecoveryhomes.org/wp-content/uploads/2023/06/App-Contract-Rules-V-1.1.pdf | Prior detox is required. Application for admission : https://triedbyfireinc.org/application-for-admission |
| Cost | | State funding available to those who qualify. | |



SHORT-TERM TRANSITIONAL / HALFWAY HOUSING

| Agency Name | ICHG Day One Recovery | Haven at Blue Creek | intentionally left blank for additions |
|-------------------------------|---|---|--|
| Description | Available to Craven County residents with locations across North Carolina, including Carteret and Craven Counties. Shared, peer-managed recovery housing. | Haven at Blue Creek is a place where women can feel safe and supported during their healing process. Our team provides expert guidance through an immersive women-specific clinically-driven healing curriculum. As part of our individualized recovery plans, we center on each woman's faith and help them to shape a path forward. | |
| Contact / How to Apply | Enroll online at www.IntegratedCareHickory.com or call 828-322-5915 ext. 220. | Online Application: https://app.behavehealth.com/doA9Ao/forms/full-application havenatbluecreek.com (252) 916-9179 Grimsland, NC (near Greenville, NC) | |
| Population Served | Adult Male & Adult Female | Adult Female | |
| Capacity | | | |
| Admissions Criteria | Persons must be in treatment for an opioid use disorder to be considered. | | |
| Cost | free to persons struggling with Opioid Use Disorders | free, accepts donations | |





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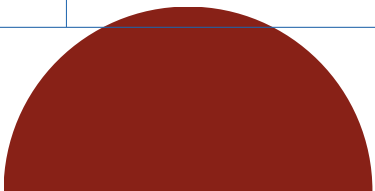
LONGER-TERM HOUSING

6 MOS OR MORE



LONG-TERM TRANSITIONAL / HALFWAY HOUSING

| Agency Name | Oxford House Benfield (Men) | Oxford House Pasteur (Women) | Oxford House 37th St (Men) |
|-------------------------------|--|---|--|
| Description | Oxford House Benfield is a democratically run, self-supporting, and drug-free home. Every Oxford house represents an effective and low-cost method of preventing relapse. Oxford House since 3/15/2015. | Oxford House Pasteur is a democratically run, self-supporting, and drug-free home. Every Oxford house represents an effective and low-cost method of preventing relapse. Oxford House since 1/1/2016. | Oxford House 37th St s a democratically run, self-supporting, and drug-free home. Every Oxford house represents an effective and low-cost method of preventing relapse. |
| Contact / How to Apply | <p>1310 Benfield Avenue New Bern, NC 28562 (252) 631-1524 Donald Murrell (252) 503-3535 Donald.Murrell@oxfordhouse.org www.oxfordhouse.org</p> <p>for availability click here: www.oxfordvacancies.com</p> | <p>1511 North Pasteur Street New Bern, NC 28560 (252) 631-2001 Melissa Sneed (252) 725-0663 Melissa.sneed@oxfordhouse.org Donald Murrell (252) 503-3535 Donald.murrell@oxfordhouse.org g www.oxfordhouse.org</p> <p>for availability click here: www.oxfordvacancies.com</p> | <p>1105 Longview Drive New Bern, NC 28562 Melissa Sneed (252) 725-0663 Melissa.sneed@oxfordhouse.org Donald Murrell (252) 503-3535 Donald.murrell@oxfordhouse.org www.oxfordhouse.org</p> <p>for availability click here: www.oxfordvacancies.com</p> |
| Population Served | Adult Male | Adult Female | Adult Male |
| Capacity | Max capacity of 8 | Max capacity of 8 | Max capacity of 8 |
| Admissions Criteria | Drug Free/Substance Use Disorder MAT/MAR friendly | Drug Free/Substance Use Disorder MAT/MAR friendly | Drug Free/Substance Use Disorder MAT/MAR friendly |
| Cost | Residents pay rent, utility, and other household expenses. | Residents pay all the expenses related to the maintenance of the house. | Residents pay all the expenses related to the maintenance of the house. |



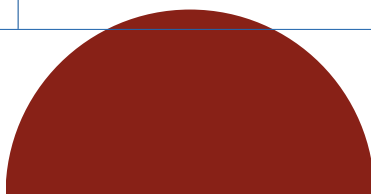
LONG-TERM TRANSITIONAL/HALFWAY HOUSING

| Agency Name | Trosa | Hope is Alive | Hope Restorations |
|-------------------------------|---|---|---|
| Description | A licensed, multi-year treatment facility helping individuals with substance use disorders become healthy, productive members of their communities and families. https://trosainc.org/wp-content/uploads/2022/06/2022-TROSA-BROCHURE.pdf | We believe in a strong, structured and fun environment to ensure long term sobriety. Faith based, 12-step. 1-year to 18 months. | Provides job skill training and other reentry support from addiction or incarceration. Our work involves acquiring deteriorating houses in our community and renovating them to more modern standards in order to provide safe, affordable, energy-efficient housing for lower-income families. |
| Contact / How to Apply | 1820 James St., Durham, NC 27707 (919) 419-1059 Toll-free number: 833-408-7672 admissions@trosainc.org Application: https://trosainc.org/admissions/?_gl=1*1uddxag*_ga*MTlwODQwNDU4My4xNzE3NDI4NTk3*_ga_XV4LFW65DV*MTcxNzQyODU5Ny4xLjEuMTcxNzQyODY0NS4wLjAuMA.. | Greenville, NC 1-844-3-HOPE-NOW hopeisalive.net | 611 Mitchell St, Kinston, NC 28501 (252) 520-9975 hoperkinstonnc@gmail.com hoperestorationsnc.org |
| Population Served | Adult Male & Adult Female | Adult Male & Adult Female | Adult Male & Adult Female |
| Capacity | 450 beds | | 1 women's house (20 beds), 1 men's house (35 beds) |
| Admissions Criteria | Substance use disorder and desire a long-term residential treatment program. The individual seeking admission must call or write to us directly and participate in a telephone interview. | | Complete application: https://www.hoperestorationsnc.org/forms |
| Cost | Free | \$750 Move in. \$650/month after that. | |



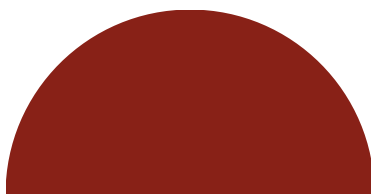
LONGER-TERM TRANSITIONAL/HALFWAY HOUSING

| Agency Name | Realize U 252 | Loaves and Fishes (Men) | Houses of Healing |
|-------------------------------|---|--|--|
| Description | Realize U 252 provides a safe, supportive environment and the opportunity to thrive in long-term recovery from addiction. | Our residential treatment program is a Christ-centered program for men struggling with substance abuse. See Treatment Program for more information. Outpatient counseling is also available for men and women struggling with substance abuse. | Recovery Home Long-Term Residential Houses of Healing is a non-profit to help individuals released from incarceration, including people with substance abuse problems. |
| Contact / How to Apply | PO Box 493, New Bern, NC 28563 (252) 499-0143 (call/text) www.realizeu252.org director@RealizeU252.org To apply please visit the website: RealizeU252.org | 1730 Live Oak St. Beaufort, NC 28516 (919) 679-2600 loavesandfishesnc.org Application: https://loavesandfishesnc.org/treatment-application/ | 1612 Pembroke Avenue New Bern, NC 28562 William Moore Jr. (252) 675-3275 |
| Population Served | Adult Male | Adult Male | Adult Male |
| Capacity | 8 beds | 9 Beds | 12 beds |
| Admissions Criteria | History of substance use disorder, not current use. | Complete the application form above. Individuals will not be admitted if on the following medications, Subutex, Suboxone, Semi-synthetic and synthetic opioids, Antabuse, Benzodiazepines, Stimulant Medications, Kratom, Barbiturates, Any other controlled substances | Recently released from incarceration. |
| Cost | \$350 application fee, \$175/week. (scholarships available) | free | no insurance/self-pay Application fee \$150. Monthly fees \$350. |



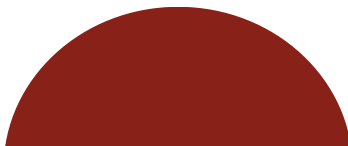
LONGER-TERM TRANSITIONAL/HALFWAY HOUSING

| Agency Name | Hope Recovery Homes | One Harbor Church | Healing Transitions |
|-------------------------------|---|---|---|
| Description | Here at Hope Recovery Homes, we are very proud of our success rate, which is much higher than those of similar programs. This lets us know that each of the people we have offered assistance to have worked harder than ever before and they are on the road to recovery. It also lets you know that we are doing our job effectively. | Specifically, we want to focus on two areas of need. First we want to help people get to detox and Christian-centered long-term rehabilitation. We commit to helping them overcome whatever financial, legal or transportation related barriers stand in their way. Second, we want to help them transition successfully back into society. | Long-term recovery program, a non-medical detox, and an emergency shelter. We make it our mission to see the potential that exists in each person, even when they are at their lowest point. We're here for all people, under the influence or not, and regardless of readiness for change. |
| Contact / How to Apply | Online Application hoperecoveryhomes.org 252-515-6976 Morehead City, NC | https://oneharborchurch.com/ (252) 422.2899 info@oneharborchurch.com | (919)-838-9800 – Raleigh Application Flyer (https://wakenc507.org/wp-content/uploads/2023/11/Access-Site-Flyer-10-2023-Final-v.2.pdf). |
| Population Served | Adult Male & Adult Female | Adult Male & Adult Female | Adult Male & Adult Female |
| Capacity | | Partnership w/Hope is Alive | |
| Admissions Criteria | complete the online application hoperecoveryhomes.org | Call to discuss | Need help? If you are trying to get into the program, please call 919-838-9800 for more information and to schedule a coordinated entry visit. |
| Cost | Free, accepts donations | Will help financially | https://healing-transitions.org/recovery-services/#long-term |



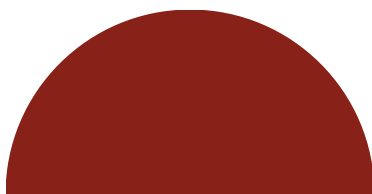
LONGER-TERM TRANSITIONAL / HALFWAY HOUSING

| Agency Name | Stepping Stone Manor | Healing Place of New Hanover County | |
|-------------------------------|---|--|--|
| Description | Stepping Stone Manor provides clinically managed low-intensity residential services for adult males who are diagnosed with a substance use disorder and require daily supervision. The philosophy of treatment is to: Treat the individual's illness. Assist with development of new coping skills and build on their strengths. | The Healing Place of New Hanover County (THPNC) is where hope is found. We work with individuals affected by addiction and homelessness through a proven peer-driven model of accountability and connection at zero cost to the client. Our programs range from long-term residential treatment to outpatient care to an overnight emergency shelter and more. | |
| Contact / How to Apply | Easterseals PORT Health 1309 Tatum Drive New Bern, NC 28560-4314 Office (910) 762-1743 Stepping Stone Manor | 1000 Medical Center Dr, Wilmington, NC 28401 Phone (910) 970-4673 info@dev.thpnc.org | |
| Population Served | Adult Male | THPNC serves individuals* from Eastern NC, 18 and up, who requires emergency overnight shelter, detox, and recovery from alcohol and/or substance abuse. *We are unable to serve individuals on the sex offender registry. | |
| Capacity | | | |
| Admissions Criteria | Individuals are screened and interviewed to determine appropriateness for admission to the homes. Patients must be: 1. Willing to comply with all house rules, attend five 12-step meetings per week, and attend substance abuse counseling. 2. The homes have a zero tolerance policy for substance use and performs random drug-screenings. | We accept clients on a first come, first served basis. We do not require a referral. Accepting clients 24 hours a day, seven days a week. Enter through our Detox building. | |
| Cost | | All of our services are offered at no direct cost to the client. | |



LONGER-TERM TRANSITIONAL / HALFWAY HOUSING

| Agency Name | intentionally left blank | intentionally left blank | intentionally left blank |
|-------------------------------|--------------------------|--------------------------|--------------------------|
| Description | | | |
| Contact / How to Apply | | | |
| Population Served | | | |
| Capacity | | | |
| Admissions Criteria | | | |
| Cost | | | |





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UTILITIES HOUSING SUPPORT



I NEED HELP PAYING...

Housing & Utilities

Catholic Charities

502 Middle Street, New Bern, NC 28560

(252)638.2188

Fax: 252.638.2417

agnes.barber@raldioc.org

www.catholiccharitiesraleigh.org/new-bern/

MON-THU 8:30am-12pm & 1pm-5pm

Offers financial assistance, counseling, disaster prep & recovery, senior pharmacy and provides referrals for clinical counseling services and other needs we cannot provide to the poor, isolated and vulnerable families in Eastern Carolina, regardless of faith. Serves Beaufort, Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Coastal Community Action

303 McQueen Ave., Newport, NC 28570

(252) 223.1630

Fax: 252.233.1689

catissa.head@coastalca.org

www.coastalca.org

MON-FRI 8am-5pm

Help change lives by providing needed resources and support. Provides needed services to thousands of residents in our region annually. This includes Head Start and Early Head Start program. Serve the following counties: Carteret, Craven, Jones, and Pamlico Counties.

Department of Social Services

2818 Neuse Boulevard, New Bern, NC 28561

Emergency Phone: (252) 633.2357

(252) 636.4900

Fax: 252.636.4946

cravencountydss@cravencountync.gov

www.cravencountync.gov/275/Social-Services

MON-FRI 8am-5pm (Except county holidays)

Offers Protective Services for Children, Foster Care, Adoptions, Crisis Intervention, Adult Protective Services, Medicaid, Food Stamps, Work First Cash Assistance, Work First Employment Services, Energy Assistance; Subsidized day care, and services for Seniors over 60 with a congregate meal site, meals on wheels, and health promotion activities.

Habitat for Humanity of Craven County

321 Fleet Street, New Bern, NC 28560

(252) 633.9599

Fax: 252.633.2451

www.cravencountyhabitat.org

MON-FRI 8am-5pm

Dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions.



Housing & Utilities

New Bern Housing Authority

1307 Tatum Drive, New Bern, NC 28563

(252) 633.0800

Fax: 252.633.9496

taskew@newbernha.org

www.newbernha.org

MON-FRI 8am-5pm

Offers clean and healthy living environments for reasonable rents scaled by income. We welcome you to visit our communities and consider making your home with us.

Religious Community Services

919 George Street, New Bern, NC 28563

(252) 633.2767

Fax: 252.633.1887

www.rcsnewbern.com

MON-FRI 11am-1pm

Assist the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Twin Rivers Opportunities, Inc.

318 Craven Street, New Bern, NC 28560

(252) 637.3599

Fax: 252.637.0507

tro_section8@earthlink.net

twinrivershousing.com

Provides housing assistance and home ownership opportunities to very low-income families residing in Craven, Jones, and Pamlico Counties.

This includes Section 8 Rental Assistance, FSS Programs and housing.



INCOME BASED HOUSING

Apartments

Camden Square Apartments

4800 Camden Square Dr.
New Bern, NC 28562
Phone: 252-649-1731

Hunter's Landing

2150 Hunter's Landing Dr.
New Bern, NC 28562
Phone: 252-631-5286

Kensington Park Apartments

Kensington Park Dr.
New Bern, NC 28560
Phone: 252-633-1519

Wind Hill Apartments

3501 Wind Hill Ct.
New Bern, NC 28560
Phone: 252-638-6179

WyndSOR Park Apartments

600 WyndSOR Park Dr.
New Bern, NC 28562
Phone: 252-638-6051

Gatewood Apartments

150 Legacy Ln.
Havelock, NC 28532
Phone: 252-447-4800

Havelock Hills Apartments

220 Shipman Rd #J555
Havelock, NC 28532
Phone: 252-447-3451

Havelock Manor

200 Shipman Rd
Havelock, NC 28532
Phone: 252-447-4993

Laurel Hills

326 McCotter Blvd.
Havelock, NC 28532
Phone: 252-447-8308

Manteo Circle

801 Manteo Cir.
Havelock, NC 28532
Phone: 252-447-3412

Pine Ridge Apartments

330 McCotter Blvd.
Havelock, NC 28532
Phone: 252-444-2179

Tyler Place Apartments

44 Stallion Cir.
Havelock, NC 28532
Phone: 252-447-5160

Bailey Lane Apartments

255 Bailey Ln #1
Vanceboro, NC 28586
Phone: 252-244-1324

Tate Commons

1025 Karen Dr.
New Bern, NC 28562
Phone: 252- 515-2621

Craven Terrace

601 Roundtree St.
New Bern, NC 28560
Phone: 252-633-0540

Oaks Apartments

401 Buck Ln.
Vanceboro, NC 28586
Phone: 252-244-1588





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TRANSPORTATION SERVICES



I NEED A RIDE.

Transportation Services

Craven Area Rural Transit System (CARTS)

1106 Clarks Rd., New Bern, NC 28562

(252) 636.4917

Kelly Walker-Cuthrell at kwalker@cravencountync.gov

MON-FRI 7am-5:15pm (Except county holidays)

Office Hours: MON-FRI 8am-5pm

Craven Area Rural Transit provides scheduled routes to Human Service Agencies served by the system. Fares range from \$1 to \$6.75 according to zoned distances. The route hours are 5:00 am to 6:00 pm Monday through Friday.

The Greater Duffyfield Resource Hub

1209 Kinston Street, New Bern, NC 28562

(252) 616.1818

resourcehub2@gmail.com

resourcehub.abundantlifecommunityservices.org/

TUE-THU (Except federal and state holidays)

The Resource Hub is an interagency program that addresses the barriers of transportation and service gaps, by providing satellite offices in low-resource communities, forming a network of essential service providers within the community. This interagency collaboration provides information for critical resources and supports a location where community partners unite to provide a vital system of care. The Hub assists in identifying families that need resources, increase access, and bridge service gaps.



MEDICAID QUICK REFERENCE

Transportation Services

|  <p>WellCare Beyond Healthcare. A Better You.</p> |  <p>UnitedHealthcare Community Plan</p> |  <p>HealthyBlue</p> |  <p>AmeriHealth Caritas North Carolina</p> |
|---|---|---|--|
| <p>Non-Emergent Transportation: 877-598-7602 566-799-5318 <i>*Call 48 hours ahead</i></p> <p>24/7 Behavior Health Crisis Line: 833-207-4240</p> <p>24/7 Nurse Line: 800-919-8807</p> | <p>Non-Emergent Transportation: 800-349-1855 <i>*Call 48 hours ahead</i></p> <p>Interpreter Services: 800-638-3302 877-261-6608</p> <p>Behavior Health Crisis Line: 877-617-0484</p> <p>24/7 Nurse Line: 855-202-0992</p> | <p>Non-Emergent Transportation: 855-397-3602 <i>*Call 48 hours ahead</i></p> <p>Interpreter Services: 844-594-5070</p> <p>24/7 Behavior Health Crisis Line: 844-594-5076</p> <p>24/7 Nurse Line: 844-545-1427</p> | <p>Non-Emergent Transportation: 833-498-2262 <i>*Call 48 hours ahead</i></p> <p>Interpreter Services: 855-375-8811</p> <p>Behavior Health Crisis Line: 833-712-2262</p> <p>24/7 Nurse Line: 888-674-8710</p> |

Member Benefit Link

<https://www.wellcarenc.com/members/medicaid/benefits/your-benefits.html>

Member Benefit Link

<https://www.uhc.com/communityplan/north-carolina/plans/medicaid/medicaid-uhc-community-plan>

Member Benefit Link

<https://www.healthybluenc.com/north-carolina/benefits/medicaid-benefits.html>

Member Benefit Link

<https://www.amerihealthcaritasnc.com/member/eng/benefits/index.aspx>



TRANSPORTATION SERVICES

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SUBSTANCE USE SERVICES

There are many resources available, from immediate crisis (beginning of the directory) interventions to sustained, medically assisted treatments.

You're not alone. Reach out to the resources attached that best fit your recovery journey.



CRAVEN COUNTY OPIOID EPIDEMIC RESPONSE

Craven County Opioid Epidemic Response

2822 Neuse Boulevard

New Bern, NC 28562

(252) 636-7262

www.cravencountync.gov/opioid

- *Free Narcan and Narcan Training*
- *Opioid Overdose Recognition and Response Training*
- *Referral to no cost Opioid Use Disorder treatment, recovery housing, and Medication-Assisted Treatment (MAT) or Medication for Opioid Use Disorder (MOUD)*
- *Substance Use Disorder Recovery and Treatment Care Navigation*
- *Community Outreach and Collaboration*
- *Youth and Adult Substance Use Prevention Education*
- *Free Medication/Drug Disposal Kits*
- *Free Medication Lock Boxes*
- *Connection to Peer Support Specialists*



M.A.T. SERVICES

Medication-Assisted Treatment (MAT), also known as Medication for Opioid Use Disorder (MOUD), includes methadone and buprenorphine containing medications such as Suboxone. MAT/MOUD is an important evidence-based treatment option for individuals with Opioid Use Disorder.

BUPRENORPHINE/SUBOXONE PROVIDERS:

Community Wellness Center
750 McCarthy Blvd
New Bern, NC 28562
(252) 633-6636

Diagnosis & Assessments

3316 Neuse Blvd
New Bern, NC 28560
(252) 514-2261

Easterseals PORT Health - New Bern

1309 Tatum Dr
New Bern, NC 28560
(252) 672-8742

or

Easterseals PORT Health-Greenville

203 Government Circle
Greenville, NC 27834
(252) 413-1637

<https://www.porthhealth.org/treatment/adult-services/alcohol-substance-usetreatment/medication-assisted-therapy>

Buprenorphine Treatment Practitioners Craven County:

A. Foluke MD/DO

3316 Neuse Boulevard
New Bern, NC 28560
(252) 514-2261

Michael Nunn MD/DO

750 McCarthy Boulevard
New Bern, NC 28562
or
1315 S Glenburnie Rd Ste 19
New Bern, NC 28562
(252) 633-6636

Hanna Marrett NP

1702 Spencer Avenue
New Bern, NC 28560
(252) 670-0474

Low Barrier Medication-Assisted Treatment and Counseling:

ICGH's Buprenorphine Online Program – Free to Uninsured Persons and Accepting Private Insurance and Medicaid Plans.

Enroll online at www.bupe.online
(877) 7-GOBUPE, or 828-322-5915 ext 220.
contact@integratedcarehickory.com



RECOVERY PROGRAMS

Alcoholics Anonymous (AA) Eastern NC

24-Hour Hotline: (252) 633.3716

Local AA Hotline Craven & Pamlico:

252-349-0898

www.aaeasternnc.org

Meetings: <https://aaeasternnc.org/meetings/>

Drinking problem? Call the hotline above to speak to a sober member of Alcoholics Anonymous and talk about recovery from alcoholism.

NC Region of Narcotics Anonymous (NA)

P. O. Box 590, Bridgeton, NC 28519

24-Hour Hotline: (866) 321.1631

www.ncregion-na.org/down-east-area

Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. Membership is free. Down East Area covers the following counties: Beaufort, Carteret, Craven, Jones, Pamlico, Pitt, and Wayne.

SMART Recovery

906 George St Ste 374

New Bern, NC 28560

(866) 517.0503

smartrecoverymeetings.org

SMART Recovery supports people in the United States, Canada, and all over the world to manage addictive and problematic behaviors.

Dayspring Christian Center

1246 Pollock Street

New Bern, NC 28562

(252) 637-7283

Celebrate Recovery is a faith-based recovery program that is based on God's Word, and emphasizes taking personal responsibility for our recovery and spiritual commitment to Christ care and control.



OUTPATIENT TREATMENT

Aspire Academy

2000 Martin Luther King Jr. Boulevard
New Bern, NC 28560
252-634-4127

Coastal Horizons

2805-A Trent Road
New Bern, NC
252-670-0223

Coastal Southeastern United Care

305 Commerce Avenue, Suite 102
Morehead City, NC 28557
252-773-0050

Community Wellness Center

1315 S Glenburnie Road, Suite 19
New Bern, NC 28562
252-633-6636

Craven Counseling Services

504 Pollock Street
New Bern, NC 28562
252-636-5277

Diagnosis & Assessment of Emotions-Health Services

3316 Neuse Boulevard
New Bern, NC 28560
252-514-2261

Denville Recovery Center

150 E. Arlington Boulevard, Suite C
Greenville, NC 27858
252-353-2555

Dixon Social Interactive Services

1430 McCarthy Boulevard
New Bern, NC 28562
252-635-3100

Dream Provider Care Services

216 Stewart Parkway
Washington, NC 27889
252-946-0585

Eastern NC Outpatient

215a Memorial Drive
Jacksonville, NC 28546
910-548-7544

Family Medicine Rehabilitation Center

210 Penny Lane
Morehead, NC 28557
919-679-2600

Focused Addiction Recovery

102 W. Main Street
Wallace, NC 28466
910-788-4242

Goldsboro Comprehensive Treatment Center

1700 E. Ash Street, Suite 201
Goldsboro, NC 27530
866-279-2416

Greenville Recovery Center

150 E. Arlington Boulevard, Suite C
Greenville, NC 27858
252-353-2555

Hakuna Wellness Center

304 S. Jimmies Creek Drive
New Bern, NC 28562
252-638-3888

Hilltop Comprehensive Substance Use Services

1405 S. Glenburnie Road, New
Bern, NC 28562
24-Hour Hotline: (252) 638.7875

Hope Clinic

203 North Street
P.O. Box 728
Bayboro, NC 28515
252-745-5760



Outpatient Treatment (page 2)

Integrated Family Services

1916 S. Glenburnie Road
New Bern, NC 28562
910-459-2435
<http://www.integratedfamilyservices.net>

Jacksonville Treatment Center

291 Huff Drive
Jacksonville, NC 28546
910-347-2205
After Hours Crisis: 910-320-3463
<https://www.jacksonvillencdrugrehab.com>

Life Touch LLC.

2111 N. Queen Street
Kinston, NC 28501
252-527-3300
<https://life-touchllc.org>

Lifeline Treatment Center

5710 Oleander Drive, Suite 100
Wilmington, NC 28403
910-239-0377

Moorefield Assessment

790 Cardinal Road
New Bern, NC
252-633-9010

Rocky Mount Treatment Center

104 Zebulon Court
Rocky Mount, NC 27804
252-972-4357
<https://www.rockymountncdrugrehab.com>

Morehead City Treatment Center

403 North 35th Street
Morehead City, NC 28557
252-773-0306
After Hours Crisis: 252-773-0306
<https://moreheadcitytreatment.com>

New Insights DWI Services & Counseling Center

1007 Hargett Street
Jacksonville, NC 28540
910-324-4887
<https://newinsightsservices.com>

New Pathways Recovery Center

1800 US HWY 70
New Bern, NC
252-429-1838
<https://www.rehab.com/new-pathways-recovery-center>

Pathways to Life Inc.

1015 Conference Drive
Greenville, NC 27858
252-695-0269
<https://www.pwstolife.com>

Easterseals PORT Health Services

1309 Tatum Drive
New Bern, NC 28560
252-672-8742
<https://www.porthhealth.org>








WHAT IS PEER SUPPORT?

Peer support encompasses a range of activities and interactions between people who share similar experiences of being diagnosed with mental health conditions, substance use disorders, or both. This mutuality—often called “peerness”—between a peer support worker and person in or seeking recovery promotes connection and inspires hope.



PEER SUPPORT WORKERS

-  inspire hope that people can and do recover;
-  walk with people on their recovery journeys;
-  dispel myths about what it means to have a mental health condition or substance use disorder;
-  provide self-help education and link people to tools and resources; and
-  support people in identifying their goals, hopes, and dreams, and creating a roadmap for getting there.

Peer Recovery Center - A Ministry of Hope Mission

3900 Bridges St.

Morehead City, NC 28557

(252) 222-3888

info@peerrecovercenter.org

<https://peerrecoverycenter.org/>

MON-FRI 9am-4pm

Sharing hope and caring to help others achieve recovery from substance use/mental health disorders through shared experiences, education, and community networking.

LOCAL SUPPORT GROUPS

Grief, Hope, Spiritual Care

Stephens Ministry

Provides emotional and spiritual care when faced with a crisis or difficulty such as, illness, divorce, or unemployment.

Garber Global Methodist Church

4202 Country Club Rd, New Bern, NC 28526

Saint Andrews Lutheran Church

1605 Neuse Blvd, New Bern, NC 28560

GRIEF SHARE

Provides help and encouragement after the death of a loved one

Latitude Church

1732 Racetrack Road, New Bern, NC

TUE 6pm

Centenary United Methodist Church

309 New St New Bern, NC

MON 10am

Garber Global Methodist Church

4201 Country Club Rd, New Bern, NC (252) 637-4022

HOPE Family Resource Center Support Groups

2820 Neuse Blvd, New Bern, NC 28560

(252)636-6472

Provides recovery, parenting and domestic violence group support.

A Woman's Path to Recovery: A community-based recovery group program that is designed to guide women through the addiction recovery process.

Post-Adoption & Foster Parent Support Group: A community support group that provides additional training to foster and adoptive parents to help them better meet the needs of the children (meets monthly at the HOPE Family Resource Center).

STOP: A domestic violence intervention group for male and female offenders (men and women meet separately).

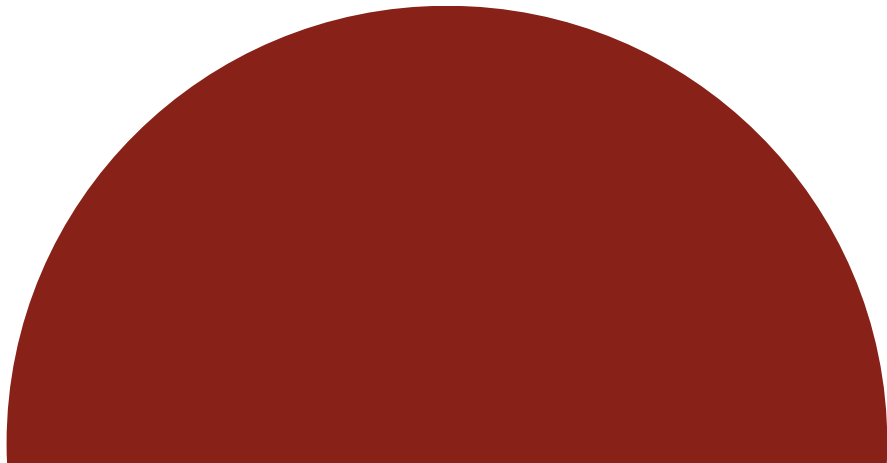
Grandparents Raising Grandchildren: support group for grandparents who have full responsibility for raising their grandchildren.





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MENTAL HEALTH SERVICES



I WILL TRY COUNSELING

Mental Health

Craven County Health Department – SIDS Counseling

2818 Neuse Blvd., New Bern, NC 28562
252.636.4920
www.cravencountync.gov
MON-FRI 8am-5pm

Provides counseling to family and childcare providers who have experienced an unexplained infant death.

Crossroads Mental Health CarolinaEast Medical Center

2000 Neuse Boulevard, New Bern, NC 28561
(252) 638.8204
www.carolinaeasthealth.com

Provides individualized psychiatric care in a warm, supportive atmosphere.

Girls Empowered/Man Up

233 Middle Street, New Bern, NC 28562
(252) 633.2538
MON-FRI 8:30am-5pm

Offers group counseling for girls ages 12-18 years old. Group cover topics such as domestic/dating violence, social media, bullying, and more.

Hope4NC

24-Hour Crisis Line: (855) 587.3463
Text “Hope” to: (855) 587.3463

Connects North Carolinians with emotional support and mental health resources to help build coping skills and resilience during times of crisis. The helpline is available free of charge to everyone in North Carolina’s 100 counties.



RHA Health Services

04 Pirates Road, New Bern, NC 28562
(800) 848.0180
Fax: 919.803.2963
4-Hour Crisis Line: (844) 709.4097
rhahealthservices.org

Provides a team of Behavioral Health Professionals and Crisis Intervention Specialists for on-site treatment, stabilization and support for the following counties: Brunswick, Carteret, Craven, Jones, New Hanover, Onslow, and Pamlico.

Hesed Place

2619 Trent Road, New Bern
(252) 259.1317
hesed@hesedplace.com
<https://hesedplace.com/>
WED-FRI 9am-3pm

Hesed Place mission is to provide progressive, personal, and community resources to survivors of severe complex trauma to maximize the potential for freedom, growth, and independence first within their life and then the community.

Integrated Family Services

(252) 577-1906
(866) 437-1821
<http://www.integratedfamilyservices.net/>

I WILL TRY COUNSELING

Mental Health page 2

Recovery Innovations

1304 Commerce Dr, New Bern, NC 28562
(252) 672-8781
<https://riinternational.com/>

One Therapy

(252) 288-4045
<http://www.onetherapync.com/>

Olive Branch

(252) 649-2728
<https://www.olivetreefamilycounseling.com/>

Trillium Health Resources

201 West First Street, Greenville, NC 27858
(866) 998.2597
24-Hour Access: (877) 685.2415
www.trilliumhealthresources.org
MON-FRI 8:30am-5pm (Except federal holidays)

Manages mental health, substance use, and intellectual/developmental disability services in eastern North Carolina.

Inner Source Therapy

New Bern, NC
(252) 571-6508
<https://innersourcetherapy.com/index.html>

Great Place to Start

New Bern, NC
(252) 336-3646
<https://www.gpsbhs.org/>

Transcendent Wellness

New Bern, NC
(252) 221-9756

Curious Phoenix Therapy

New Bern, NC
(252) 424-6454

Creekside Recreational Therapy & Wellness

New Bern, NC
(252) 675-2635
<http://www.creeksiderts.org/?i=1>

Counties served by Trillium in order of the region name then alphabetically by county

Northern

Bertie
Camden
Chowan
Currituck
Gates
Halifax
Hertford
Martin
Northampton
Pasquotank
Perquimans
Warren

North Central

Beaufort
Dare
Edgecombe
Greene
Hyde
Nash
Pamlico
Pitt
Tyrrell
Washington
Wilson

Midstate

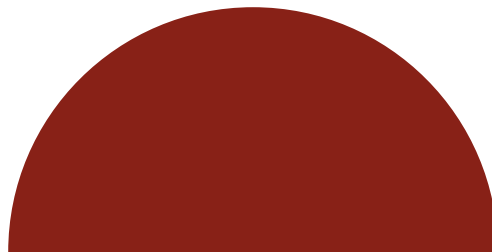
Anson
Guilford
Montgomery
Randolph
Richmond

Southern

Bladen
Brunswick
Columbus
Hoke
Lee
Moore
New Hanover
Robeson
Scotland

South Central

Carteret
Craven
Duplin
Jones
Lenoir
Onslow
Pender
Sampson
Wayne



Mental Health page 3

Psychological Therapeutic Resources

504 Pollock St, New Bern, NC 28562

(252) 638-3881 -OR-

210 Stonebridge Square, Havelock, NC 28532

Phone: 252-447-4151

<http://www.ptrnewbern.com/>

Psychological/Therapeutic Resources, LLC (PTR) is a multi-disciplinary practice serving both children and adults. Our staff is dedicated to helping you and those you care about live better lives.

Access Family Services, Inc.

1403 McCarthy Blvd, New Bern, NC 28562

(252) 633-3855

<https://www.accessfamilyservices.com/>

Access Family Services' (AFS') mission is to deliver culturally sensitive behavioral health services to individuals and families grounded in the community using evidence-based practices to improve overall functioning and well-being.

LeChris Health Systems

233 Middle St Suite 203, New Bern, NC 28562

(252) 514-6741

<http://www.lechris.com/>

Easterseals Port Health

1309 Tatum Dr, New Bern, NC 28560

(252) 672-8742

<https://www.porthhealth.org/>

ICGH's Carolina Wellness Centers at Sea Level **Carolinawellnesscenters.com**

Carolina Wellness Centers offer a spectrum of inpatient services, encompassing crisis intervention, detoxification, residential treatment for substance use disorders, and specialized programs for adolescent behavioral health. These services aim to provide intensive support and stabilization for individuals in acute need. Tentative opening for initial services Sept 2024.

Eastern Carolina Psychiatric Services

2800 Village Way, Trent Woods, NC 28562

(252)-637-7300

<http://www.ecps2800.com/>

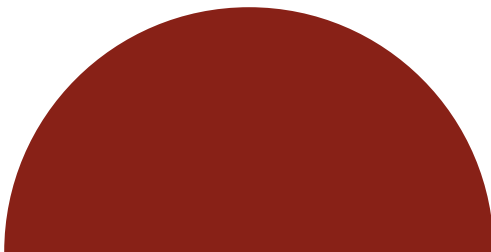
Eastern Carolina Psychiatric Services is an outpatient office providing mental health services for children, adolescents and adults. Our highly experienced, multi-disciplinary staff offers a wide array of services in a friendly and confidential setting.

[Crossroads Carolina East Health](#)

2000 Neuse Blvd.

New Bern, NC

(252) 633-8204



Mental Health page 4

ICGH Morehead City

Morehead City, NC
(828)322-5915 x220

Enroll online at www.IntegratedCareHickory.com
ICGH Morehead City: Behavioral Health Treatment Services and Medication Management for children, adolescents, families, and adults, offering tailored interventions for behavioral health issues. Services are accessible through both telehealth and in-person modalities, ensuring flexibility and convenience for our clients.

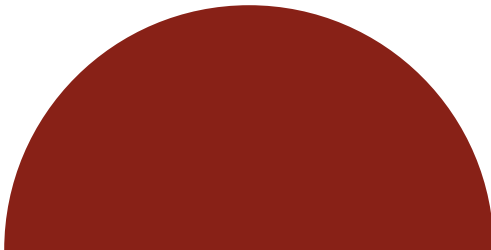
Dickinson Psychological Service

318A E Main St, Havelock, NC 28532
(252) 447-7764

Eastern North Carolina Outpatient and Behavioral Health Urgent Care

215-A Memorial Drive in Jacksonville
(910) 548-7544
MON-FRI 8am-5pm
<https://riinternational.com/listing/eastern-nc-outpatient/>

Eastern NC Outpatient provides outpatient treatment with an initial evaluation of the patient's need for mental health treatment and medications; the provision of prescription(s), as needed; counseling; peer support; and ongoing medical monitoring. Buprenorphine is the prescribed medication for Opioid Use Disorder. We do not offer methadone.



THE STATE OF NC HELP

Mental Health page 5

State Help

Alcohol and Drug Council of North Carolina (ADNC)

<https://www.alcoholdrughelp.org/>

A 501(c)(3) nonprofit organization, we operate with support from State funding and from the generous support from community organizations and individual donors. We know that stigma and shame prevent people from accessing the help that they need. We know that people need assistance navigating the fragmented system of care. We exist to stand in the gap and to save lives because people matter.

NC 2-1-1

24-Hour Hotline 2.1.1. or 888.892.1162

www.nc211.org

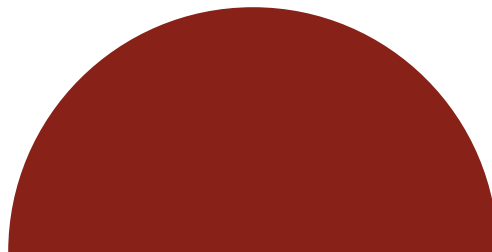
Available 24/7/365

NC 2-1-1 is an information and referral service provided by United Way of North Carolina. Accessible via an easy-to-remember, three-digit number, families and individuals can call to obtain free and confidential information on health and human services and resources within their community.

NC CARE 360

<https://nccare360.org/about/>

NCCARE360 is the first statewide network that unites health care & human services organizations with a shared technology that enables a coordinated, community-oriented, person-centered approach for delivering care in North Carolina. It helps providers electronically connect those with identified needs to community resources and allow for feedback and follow up.





**RECOVERY
ALLIANCE**
Initiative

REENTRY & JUSTICE INVOLVED



I AM A FORMER OFFENDER.

Justice Involved / Re-entry / Legal Aid

Recidivism Reduction Call Center (RREPS)

Hotline

(888)852.0004

<https://rreps.net/recidivism-reduction-hotline>

Our Recidivism Reduction hotline project allow people recently released from prison/jail and those seeking reentry information to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Craven-Pamlico Re-Entry Council

503 Guion Street, New Bern, NC 28562

(252)497.2009 Ext. 201

angela.wilson@cpreentrync.org

wilsona@cravencc.edu

www.cpreentrync.org

Assist former offenders with removing employment, training, and housing barriers so they can successfully reenter society.

Tried by Fire, Inc. – My Sister’s House

524 Roundtree Street, New Bern, NC 28560 (252)

670.1907

coordinator4MSH@gmail.com

www.triedbyfireinc.org

Please call for an appointment.

Assist women to start over post-incarceration. Partners with other agencies, churches, organizations, and individuals to help provide counseling, education, training, housing, employment, criminal justice compliance and other basic needs for justice-involved.

Legal Aid of North Carolina

301 Evans Street, Suite 400, Greenville, NC 27858

(252)758.0113

Toll Free: (800) 682 4592

Managing Attorney: Sandy L. Lee

<https://legalaidnc.org/>

MON-FRI 9am- 5pm

Provides free legal help to low-income individuals in Beaufort, Carteret, Craven, Hyde, Jones, Martin, Pamlico, Pitt, Tyrell, Washington





**RECOVERY
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Initiative

CLINIC CARE & PHYSICAL HEALTH



I NEED TO SEE A DOCTOR.

Free or Low-Cost Clinic Care

Merci Clinic

1315 Tatum Dr

New Bern, NC 28560

(252) 633-1599

director@merciclinic.org

www.merciclinic.org

Primary Care Hours: TUE & THU 8am-5pm

Pharmacy Hours: TUE & THU 10:30am-4pm

Merci Clinic provides Free Primary Care Clinic, pharmacy and dental services to eligible uninsured adult (ages 18-64) residents of Craven, Jones, and Pamlico Counties at or below 300% of the Federal Poverty Level.

Senior Pharmacy Program

502 Middle St

New Bern, NC 28563

(252) 638-2188

Craven County Community Health Center

508 US Hwy 70, Havelock, NC 28532

(252) 444.1533

health@cravencountync.gov

www.cravencountync.gov

MON-FRI 8am-5pm (Except county holidays)

The Community Health Centers offer the following services: Annual Wellness exams for children and adults, Chronic Disease Management, Immunizations, Lab Services, and sick visits for adults and children.

Adult Health Care

2818 Neuse Boulevard

New Bern, NC 28561

(252) 636-4920

Fax (252) 636-4970

Maternity Fax (252) 635-6836

Adult Primary care, cancer screening, tuberculosis, family planning services, maternity services, adult immunizations, sexually transmitted disease clinic, communicable disease services.





**RECOVERY
ALLIANCE**
Initiative

EMPLOYMENT RESOURCES



I NEED A JOB

Employment Services

North Carolina Employment Security Commission

2836 Neuse Blvd
New Bern, NC 28562
(252) 514-4828
<https://www.ncesc.com/>

NCESC's mission is to help you find the perfect job by providing you with everything you need to ensure that you stand out from the crowd and get the position you've always dreamed of.

North NC Division of Employment and Independence for People with Disabilities (formerly Vocational Rehabilitation)

2832 Neuse Blvd
New Bern, NC 28560
(252) 649-6720
<https://www.ncdhhs.gov/eipd>
MON-FRI 8am-5pm

Offers Supported Employment Services, Job-Seeking Skills Training, Job Placement, and Follow Up, Independent Living Services, Assistive Technology, Client Assistance Program, and Disability Services.

Counties.

Personal & Professional Development

Marine Corps Air Station
Bldg. 4335, C Street,
Cherry Point, NC 28533
(252) 466.4201
www.mccscherrypoint.com
MON-FRI 7:30am-4:30pm (Except federal holidays)

Provide Federal Employment Services, Free Federal Resumes Workshops, Interview Preparation, & hosts monthly job and education fairs.

Eastern Carolina Workforce Development Board

1341 S. Glenburnie Rd.
New Bern, NC 28562
(252) 636-6901
<https://www.ecwdb.org/>
MON-FRI 9am-5pm

We engage business and community leaders in addressing workforce issues and promote strategies to improve basic workforce skills; assist job seekers in finding a great job, or to get the education, training, and funds they need; and help employers find qualified workers and assist them with their business needs.



Employment Services

Easter Seals UCP NC & Virginia

2801 Neuse Boulevard

New Bern, NC 28562

(252) 636.6007

Fax: 252.636.3732

www.easterseals.com

MON-FRI 8:30am-5pm (Except state holidays)

Provide meaningful and exceptional services so children and adults living with disabilities and mental health challenges can live, learn, work and play in their communities. We serve Craven, Jones, and Pamlico Counties.

NCWorks Career Center - Craven

2836 Neuse Blvd, New Bern, NC 28560

(252) 514-4828 or (252) 514- 4840

CravenCounty@NCWorks.gov <https://www.ncworks.gov/>

MON-FRI 8am-4:30pm

Provides career counseling, resume/interviewing assistance, labor market info, virtual appointments, career assessments and WIOA Training Programs. Offers referrals to community partners Career Center has a computers, free internet, fax, and phone services available for work search purposes.

Work First (NC Temporary Assistance for Needy Families- TANF)

2818 Neuse Blvd, New Bern, NC 28560

(252-636-4900

<https://www.cravencountync.gov/1861/Work-First-Employment-Services>





**RECOVERY
ALLIANCE**
Initiative

MATERNITY & PARENTING SERVICES



Maternity & Parenting Services

FOOD

Women, Infants, and Children (WIC) Program Health Department

2818 Neuse Blvd, New Bern, NC 28561
(252) 636-4920
or 508 US Hwy 70, Havelock NC 28532
(252) 444-1533
<https://www.cravencountync.gov/327/WIC>

SHELTER & HOUSING

Family Promise (Carteret County)

1500 Arendell Street
Morehead City, NC 28557
(252)-222-0019
<https://familypromisecarteret.org/>

The mission of Family Promise of Carteret County (FPCC) is to coordinate Christian hospitality services to homeless parent(s) with a child or children, and pregnant women.

SUBSTANCE USE

Alcohol Drug Council of NC (ADCNC)

800-688-4232
alcoholdrughelp.org
Provides information and referrals to alcohol and drug treatment for pregnant and parenting women.

HEALTH CARE

Adult Health

2818 Neuse Boulevard
New Bern, NC 28561
(252) 636-4920
Fax (252) 636-4970
Maternity Fax (252) 635-6836

Adult Primary care, cancer screening, tuberculosis, family planning services, maternity services, adult immunizations, sexually transmitted disease clinic, communicable disease services.

MENTAL HEALTH

Craven County Health Department Sudden Infant Death Syndrome (SIDS) Counseling

2818 Neuse Blvd., New Bern, NC 28562
(252) 636.4920
www.cravencountync.gov
MON-FRI 8am-5pm

Counseling to family and childcare providers who have experience an unexplained infant death.

Craven County Health DSS Hope Family Resource Center

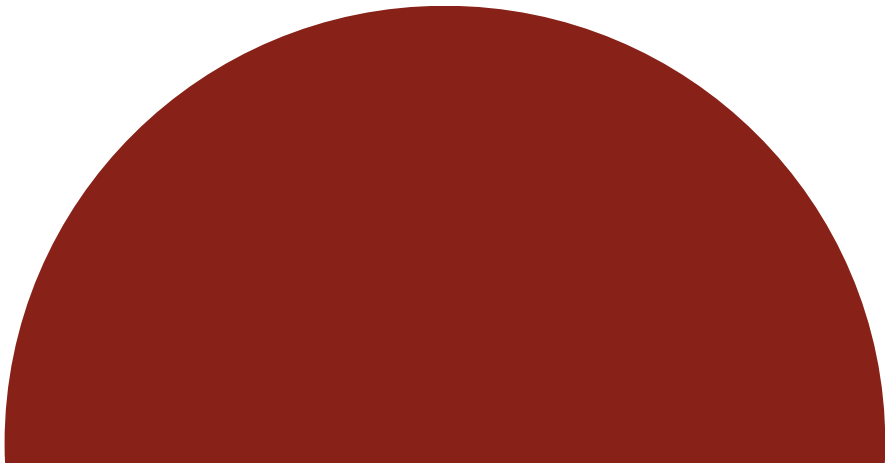
2818 Neuse Blvd., New Bern NC 28561
(252) 636-6472
<https://www.cravencountync.gov/2139/Parenting-Programs>

Provides Recovery & Parenting Classes including basic nurturing parenting, and "Triple P" which is the Positive Parenting Program to help your family life be much more enjoyable and to help you and the kids feel confident and happy!



**RECOVERY
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Initiative

DISABILITY SERVICES & ASSISTANCE



DISABILITY SERVICES

Affordable Hearing

2129 S Glenburnie Rd Unit 14, New Bern, NC 28562
(252) 672-2916
MON-THU 9:30 am – 4:00 pm
<https://www.affordablehearingnc.com/>

Abound Health

1425 S. Glenburnie Rd, New Bern, NC 28562
(252) 638-5483
MON-FRI 9:00 am – 5:00 pm
Website: LINK

Department of Social Services

2818 Neuse Blvd, New Bern, NC 28560
(252) 636-4900
<https://www.cravencountync.gov/275/Social-Services>

Easter Seals

2801 Neuse Blvd, New Bern, NC 28562
(252) 633-0876
<https://www.easterseals.com/>

Disabled American Veterans

1025 Harbour Pointe Dr, New Bern, NC 28560
(252) 638-5900
<https://www.dav.org/>

Life Inc

800 Cardinal Dr, New Bern, NC 28562
(252) 636-1090
<https://www.lifeincorporated.com/>

Vocational Rehabilitation

2832 Neuse Blvd, New Bern, NC 28562
(252) 514-4727

NC Division of Services for the Blind

3240 Burnt Mill Drive, Suite 7, Wilmington, NC 28403
(910) 251.5743
Toll-Free: (800) 422.1884
Fax: (910) 251.2660
www.ncdhhs.gov
MON-FRI 8am-5pm (Except federal holidays)

Provides services to people who are visually impaired, blind, and deaf-blind to help them reach their goals of independence and employment. Counties served: Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Jones, New Hanover, Onslow, Pamlico, Pender, and Wayne.

NC Division for the Deaf & Hard of Hearing

2705 Wooten Boulevard, Wilson, NC 27893
(252) 243.3104
Toll Free: (800) 999.6828
Video Phone: (252) 674.1141
TTY: (252) 243.1951
Toll Free TTY: (800) 205.9925
Fax: (252) 243.7634
www.ncdhhs.gov
MON-FRI 8am-5pm (Except federal holidays)

The Division works to ensure all Deaf, Hard of Hearing, or Deaf-Blind North Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives.

Housing

New Bern Towers (age 62+, or disabled)

****Under New Bern Housing Authority**Utilities Included*****
1125 Walt Bellamy Dr, New Bern, NC 28562
(252) 638-3663



**RECOVERY
ALLIANCE**
Initiative

VETERAN & MARINE SERVICES & ASSISTANCE



VETERAN SERVICES

Craven County Veteran Services Office

2402 Dr. M.L.K. Jr. Boulevard, New Bern, NC 28562

(252) 636.6611

Fax: 252.636.2650

jfutrell@cravencountync.gov

www.cravencountync.gov

MON-FRI 8am-5pm (Except county holidays)

Assist all Craven County military veterans and their eligible family members with applying for benefits through the Department of Veteran Affairs and other agencies. Please call and schedule an appointment.

Department of Veterans Affairs – Greenville Health Care Ctr

401 Moye Boulevard

Greenville, NC 27834

(252) 830.2149

www.durham.va.gov/locations/Greenville.asp

MON-FRI 8am-4:30pm (Except federal holidays)

VA's medical center provides the following services: primary care and specialty care services, behavioral health services, personal care, laboratory and prescriptions.

Women Veterans Health Care

24 Hour Hotline: (855) 829.6636

www.womenshealth.va.gov

MON-FRI 8am-10pm, SAT 8am-6:30pm

Provides primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventative care, contraceptive services, menopause management, screenings, including pap smear, and gynecology.

Veteran Crisis Line

24 Hour Hotline: 988 then press 1

Text: 838255

www.veteran Crisis Line.net

If you're a Veteran in crisis or concerned about one, there are caring, qualified VA responders standing by to help 24 hours a day, 7 days a week. It is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care.

Veteran's National Call Center for Homeless Veterans

24 Hour Hotline: (877) 424.3838

www.va.gov/homeless/nationalcallcenter.asp

Free Help for Homeless Veterans or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online.

VetCenter

221 Memorial Drive, Jacksonville, NC 28546

(910) 577.1100

www.vetcenter.va.gov

MON-FRI 7:30am-4:30pm

Offers confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for needs such as, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).

Disabled American Veterans

1025 Harbour Pointe Dr, New Bern, NC 28560

(252) 638-5900

<https://www.dav.org/>



MARINE SERVICES

Marine & Family Programs / MCAS

Cherry Point, NC
(252) 466-3264 or (252) 466-4401

For a list of services that are available on the MCCS Cherry Point, please go to the website: Home (marines.mil) or Marine & Family Support (usmc-mccs.org)

Headquarters Marine Corps

Camp Lejeune, NC
Jeremiah Gougeon
jeremiah.gougeon.ctr@usmc.mil
(727) 742-6947
insidertthreat@usmc.mil

*Our focus is to prevent, deter, detect, and mitigate threats posed by organizational insiders to National Security and Marine Corps personnel, facilities, resources, and mission capabilities. *The end state is to recognize when stressors and concerning behaviors first develop and interrupt the chain of events or critical path early to avoid adverse outcomes.*

Diamond Mind, LLC

Garrett Biss
garret@garretbiss.com
(571) 330-5374

Provides training for professionals and treatment providers who serve Veterans.

Valiant Path

Garrett Biss
garret@garretbiss.com
(571) 330-5374

Veterans with SUD or behavioral addictions and less than 8 years since active duty.

Self-pay \$500+, some scholarships available





**RECOVERY
ALLIANCE**
Initiative

MEDICATION

Disposal drop boxes, Good Samaritan Law,
Naloxone / Narcan, Overdose Prevention



DRUG DISPOSAL

Walgreens

2001 Neuse Boulevard, New Bern, NC 28560
(252) 672-8365

Craven County Sheriff's Office – main lobby

1100 Clarks Road
New Bern, NC 28562

New Bern Police Department

601 George Street
New Bern, NC 28560

Havelock Police Department

2 Governmental Avenue
Havelock, NC 28532

Vanceboro Police Department

7905 Main Street
Vanceboro, NC 2858





North Carolina's Good Samaritan Law

Calling 911 during a drug overdose

FACT | Under North Carolina law, you can call 911 for help during a drug overdose

FACT | The victim and the caller are protected from prosecution for the following;

- FACT** |
- Possession of small amounts of most drugs
 - Possession of drug paraphernalia
 - Underage possession or consumption of alcohol
 - Violating conditions of parole, post-release or probation

FACT | The caller must provide their name to law enforcement or EMS to qualify for the legal protections

FACT | As of January 2016, 52 law enforcement departments in North Carolina carry naloxone to save the lives of overdose victims

WHAT IS NALOXONE?

Naloxone is an effective, non-abuseable medication that reverses opioid drug overdose. Opioids include heroin, methadone and prescription painkillers such as Percocet, Vicodin, Oxy, etc. Naloxone restores breathing in the overdose victim

LIABILITY UNDER THE LAW

Anyone who uses naloxone to reverse an overdose is immune from civil and criminal liability as long as they do so in good faith. Medical providers who prescribe naloxone and pharmacists who dispense naloxone are also immune from civil/criminal liability.



NORTH CAROLINA HARM REDUCTION COALITION
2416 HILLSBOROUGH STREET, RALEIGH, NC 27607
WWW.NCHRC.ORG

For information on how to get a FREE naloxone kit or about how the law applies to you, contact NCHRC at hnamkoong88@gmail.com or call/text us at 919-218-4505

Good Samaritan Law

NALOXONE (NARCAN) ACCESS

No Prescription Required!

North Carolina's standing order for naloxone, signed by the State Health Director, authorizes any pharmacist practicing in the state of North Carolina and licensed by the North Carolina Board of Pharmacy to dispense naloxone to any person who meets set criteria. It is available behind the counter at selected pharmacies. if the following criteria are met:

- Being at risk of opiate-related overdose due to medical conditions or history;
- Being the friend or family of someone at risk of opiate-related overdose, thus being able to respond in case of overdose; and
- Being in the position to assist another person at risk of opiate-related overdose.

Naloxone is available under the statewide standing order, without a prescription, at the majority of retail pharmacies in North Carolina. It is covered by most insurance policies. First signed in June 2016, North Carolina is the third state in the country to adopt a statewide standing order for naloxone.



Link to NC Pharmacies where Narcan is available:

<https://naloxonesaves.org/2019/02/13/n-c-pharmacies-that-offer-naloxone-under-a-standing-order/>

CRAVEN COUNTY NARCAN ACCESS

No Prescription Required!

| | | |
|------------------------------|---|----------------|
| CVS Pharmacy 5597 | 3311 Doctor M.L.K. Jr Blvd New Bern NC 28560 | (252) 633-9534 |
| CVS Pharmacy 7344 | 103 Catawba Rd Havelock NC 28532 | (252) 447-8033 |
| CVS Pharmacy (Inside Target) | 3410 Doctor M.L.K. Jr Blvd New Bern NC 28562 | (252) 638-3021 |
| Realo Discount Drugs | 2602 Doctor M.L.K. Jr Blvd New Bern NC 28562 | 252-514-0374 |
| Walgreens 17902 | 3500 Doctor M.L.K. Jr Blvd New Bern NC 28562 | 252-672-8354 |
| Walgreens 17469 | 101 West Main Street Havelock NC | 252-447-6303 |
| Realo Discount Drugs | 1301 Commerce Dr New Bern NC 28562 | (252) 636-1711 |
| Walgreen Drug Store 2222 | 2001 Neuse Blvd New Bern NC 28560 | (252) 672-8365 |
| Walmart #1300 | 3105 Dr. M L King Jr. Blvd. New Bern NC 28562 | (252) 637-5119 |
| Walmart #3825 | 566 US Highway 70 W Havelock NC 28532 | (252) 444-0885 |
| Walmart #7218 | 2915 Neuse Blvd. New Bern NC 28563 | (252) 649-6054 |
| Publix Pharmacy #1533 | 2004 South Glenburnie Rd. New Bern NC 28562 | (252) 634-1716 |
| Vanceboro Pharmacy | 421 Farm Life Ave. Vanceboro NC 28586 | (252) 244-1086 |
| Genoa Healthcare Pharmacy | 1309 Tatum Drive Suite 1 New Bern NC 28560 | (252) 772-4010 |
| Harris Teeter Pharmacy 139 | 2032 Waterscape Way New Bern NC 28562 | (252) 631-5234 |
| Harris Teeter Pharmacy 421 | 3565 Doctor M.L.K. Jr Blvd New Bern NC 28562 | (252) 497-2118 |



**Never take anyone
else's medication.**

Never Use Alone.

**Never mix pain
medicines with
alcohol, benzos, or
illicit substances.**

**Always test for Fentanyl
before you use.**

**Dispose of unused
medication safely.**

Take as prescribed.

**Prevent children &
pets from
accidental ingestion
- store medication
out of reach!**

**Help you or your
loved one avoid
overdose.**

NO SHAMING, NO JUDGMENT. NO
PREACHING, JUST LOVE!

NEVER USE ALONE

Meeting people where they are, on the other end of the line, one human connection at a time.

1-877-696-1996

Call if you are going to use when you're alone.

Never Use Alone is a hotline available across the United States to prevent overdoses and save lives. This hotline is used alongside other harm reduction methods like safe use sites, overdose education, access to Narcan, and free syringe services programs.



Signs of Opioid Overdose



Lips and nails are blue / grey



Breathing is slow or absent



Skin feels cold and clammy



Gurgling sounds or snoring



Pupils are tiny



Person is not moving
Person cannot be woken up

How to Respond to an Opioid Overdose



Try to wake the person up

Call their name and rub the middle of their chest with a closed fist.

Call 911

The Good Samaritan law protects you from arrest for possession of drugs.



Give naloxone

Follow the directions for nasal or intra-muscular naloxone kits.

Start rescue breathing

Make sure their mouth is not blocked, pinch their nose, and breathe every 5 seconds.



Recovery position

If you can't stay to wait for help, put the person on their side supported by a bent knee.

SAFER INJECTION PRACTICES

Use Sterile Works

Use sterile supplies especially new needles or syringes. Viruses like hepatitis C and infection-causing bacteria can live on used cookers, cottons and in water, so it's important to use sterile works when you inject.



Rotate Injection Sites

Take care of your skin and let your veins heal. If you do use the same vein choose a different spot along the vein to inject. If you notice track marks forming, clean the area with warm soapy water and break open a Vitamin E gel cap and rub the oil onto your skin.



Prevent Skin Abscesses

Use clean, sterile supplies and washing your hands with warm, soapy water before you inject. Use an alcohol pad to wipe your injection spot before injecting.



Prepare Solution

Using your own clean cooker or spoon, mix drugs with clean water, heat (add Vitamin C if necessary) Add a filter (piece of cotton ball or pellet — avoid cigarette filters) using clean fingertips to filter bacteria carrying spores.



Dispose Safely

Once you finish injecting, dispose your used syringes into a proper sharps container or hard plastic container. Visit our harm reduction rover sites to get more clean supplies and resources.



Syringe Services in Craven County

Found Here: [Syringe Services Program in North Carolina](#) | [NC DHHS](#)

SYRINGE ACCESS PROGRAMS:

Syringe Access and Disposal, Harm Reduction Counseling and Supplies, Naloxone/Narcan Distribution

Havelock Fire Rescue Department

County served: Craven

Fixed site; mobile

Charlene Edwards at cedwards@havelocknc.us

Please make an appt (252) 463-7114

Monday-Friday 9am-4pm

859 US Highway 70 West, Havelock, NC 28532

HFRD provides exchange services by appointment at the West End Station. Please call or email for more information.

Craven County Harm Reduction Outreach

County served: Craven

Mobile

Debra Rogers

(252) 634-6197

drogers@carolinaeasthealth.com

2110 Neuse Blvd New Bern, North Carolina 28560

Various hours and days as determined by client need, call for hours and locations.

HEALTH DEPARTMENTS:

Free HIV, STI and Hepatitis C testing, Hep A and B Vaccinations

Craven County Health Department

2818 Neuse Blvd

New Bern, NC 28562

(252) 636-4920

PREVENT INFECTION

It is important for people who use drugs to have adequate access to health care to attend to wounds that may have been caused by intravenous drug use. It is important to have a variety of first aid materials, including bandages, gauze, and antibiotic ointment available.



intravenous drug use infection example

<https://www.harmonyrecoverync.com/intravenous-drug-use/>



heroin abscess example

<https://www.harmonyrecoverync.com/intravenous-drug-use/>

Seek help if you are experiencing these symptoms:

- Raised skin that is tender or painful
- An area that is warm to the touch
- Hardened tissue
- Possible draining of pus
- Reddened or rash
- Fever



ACKNOWLEDGEMENTS

We would like to acknowledge the contributions of the people who worked tirelessly on the information found within:

Craven County Department Health & Human Services

Detailed website information for many of the categories listed

Durham County

Housing matrix concept

Concept and Coordination:

Lizzy Benbow-Toler, Lara Chatterley, Tom Edwards

The writers & design

Lizzy Benbow-Toler, Lara Chatterley

The multitude of reviewers from these sectors - thank you!

WE THANK YOU FOR YOUR CONTINUED SUPPORT



Craven County
North Carolina



**RECOVERY
ALLIANCE**
Initiative

